

**Kuwait Derma Update and Laser Conference V**  
**28<sup>th</sup> - 30<sup>th</sup> April 2014, Al Baraka hall - Crowne plaza Hotel, Kuwait City**  
**(Final Scientific Program)**

**Day 1: Monday, April 28<sup>th</sup>, 2014**

<b>Registration</b> (8:00 AM - 8:00 PM)		
<b>MORNING SESSION</b> (9:00 AM-12:00 Noon)		
Patient Consultations in Dermatology Outpatient Departments at Farwaniya Hospital, Al-Amiri Hospital and Al-Adan Hospital		
10:00 AM - 12:30 PM	<b>Course I</b> <b>Laser Safety</b> <b>Al AFarah hall A</b> <b>Prof. Leonardo Marini, Italy, Dr. Ashraf Badawi, Egypt, Dr. Nawaf Al-Mutairi, Kuwait</b>	
1:00 PM - 2:00 PM	<b>Lunch</b>	
<b>Workshop I</b> <b>(2:00 PM - 4:30 PM)</b> <b>Al AFarah hall A</b> <b>Introducing true fat burner technology</b> <b>Dr. Donna Freeman, UK</b>	<b>Workshop II</b> <b>(2:00 PM - 4:30 PM)</b> <b>Al AFarah hall B</b> <b>Innovative Combination of CO2 &amp; R/F Facial</b> <b>Rejuvenation</b> <b>Dr. Pablo Naranjo, Spain</b>	<b>Workshop III</b> <b>(2:00 PM - 4:30 PM)</b> <b>Al AFarah hall C</b> <b>Botulinum toxin : Newer indications in dermatology</b> <b>Dr. Bejamin Ascher, France and Dr. Sahar Ghannam,</b>
4:30 PM - 5:00 PM	<b>Coffee Break</b>	
<b>EVENING SESSION</b>		
5:00 PM - 5:30 PM	<b>Opening Ceremony</b>	
<b>Session 1: Hot spot in Laser Therapy</b> <b>Chairpersons: Dr. Hejab Al-Ajmi, Kuwait, Dr. Qasem Al-Saleh, Kuwait and Dr. Ahmed Al-Waily , Oman</b>		
6:00 PM - 6:20 PM	(L 1)	Lasers for Skin Cancer, what's we should to know? Prof. Nouri Keyvan , USA
6:20 PM - 6:40 PM	(L 2)	The many faces of Q-Switched lasers in Dermatology Prof. Leonardo Marin, Italy
6:40 PM - 7:00 PM	(L 3)	Laser Biostimulation - Resolving Inflammatory Skin Conditions using a Unique Short Pulse Yellow Light Laser' Dr. Donna Freeman, U.K.
7:00 PM - 7:20 PM	(L 4)	Advanced PDT for recurrent warts Prof. Leonardo Marini, Italy
7:20 PM - 7:30 PM	<b>Panel Discussion</b>	
7:30 PM - 7:40 PM	<b>Coffee Break</b>	
<b>Session 2: My Approach: An exchange experience</b> <b>Chairpersons: Dr. Ahmed Al-Haddad, Kuwait, Dr. Mohammad Al-Enezi, Kuwait and Dr. Magdy Abdulghani, KSA</b>		
7:40 PM - 8:00 PM	(L 5)	Tumescent Liposuction in 2014 Prof. Gerhard Sattler, Germany
8:00 PM - 8:20 PM	(L 6)	New and Emerging Concepts in Non-Invasive Body Shaping and Cellulite Reduction Dr. Hema Sundaram, U.S.A
8:20 PM - 8:40 PM	(L 7)	Lipolysis with Injectables: a 2014 overview Dr. Bejamin Ascher, France
8:40 PM - 9:00 PM	(L 8)	A Multifunctional Approach to Body Shaping Dr. Dona Freeman, U.K.
9:00 PM - 9:20 PM	(L 9)	Body contouring: New Assistances to Liposuction Dr. Bejamin Ascher, France
9:20 PM - 9:30 PM	<b>Panel Discussion</b>	
9:30 PM	<b>Dinner at Al Baraka hall</b>	

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Day 2: Tuesday, April 29<sup>th</sup>, 2014

<b>Registration</b> <b>(8:00 AM - 8:00 PM)</b>		
<b>MORNING SESSION</b> <b>(9:00 AM-12:00 Noon)</b>		
<b>Patient Consultations in Dermatology Outpatient Departments at Farwaniya Hospital, Al-Amiri Hospital and Al-Adan Hospital</b>		
Course II Phototherapy and laser Basic and clinical: Course for Residents (10:00 AM - 12:30 Noon) Al AFarah hall A Dr. Ahmed Alissa, KSA; Dr. Sanjeev Mulekar, KSA, and Dr. Davinder Parsad, India	Course III Laser Safety (10:00 AM - 12:30 Noon) Al AFarah hall B Prof. Leonardo Marini, Italy, Dr. Ashraf Badawi, Egypt, Dr. Nawaf Al-Mutairi, Kuwait	
<b>1:00 PM- 2:00 PM</b>	<b>Lunch</b>	
Workshop IV (2:00 PM – 4:30 PM) Al AFarah hall A New advances in filling techniques and Botulinum toxin Injections Dr. Sahar Ghannam, Kuwait , Prof. Gerhard Sattler, Germany, Dr. Hema Sundaram, USA	Workshop V (2:00 PM – 4:30 PM) Al AFarah hall B Vascular therapy using Pulse Dye laser Dr. Pablo Naranjo, Spain	Workshop VI (2:00 PM – 4:30 PM) Al AFarah hall C Cutting edge in laser hair removal technology Safe effective multi wavelength active Q - switched laser for dark skin types Dr. Nicola Zerbinatti, Italy
Workshop VII PRP and Lipofilling, a Natural and Safe Alternative (04:30 PM – 07.00 PM) Al AFarah hall A Dr. Ignazio Scime, Italy		
<b>EVENING SESSION</b>		
Session 3 Hot Topic in Dermatology Chairpersons: Dr. Meshal A. Al-Ghareb, Kuwait, Dr Sultan Al-Otaibi, Kuwait and Dr. Mohamed Qari, KSA		
4:00 PM – 4:20 PM	(L 10)	Strategies for Laser Resurfacing of Middle Eastern Skin and Other Diverse Skin Types Dr. Hema Sundaram, U.S.A
4:20 PM – 4:40 PM	(L 11)	laser safety and general laser applications Dr. Luca Cerri, Italy
4:40 PM - 5:00 PM	(L 12)	Clinical Experience with a new class of Hyaluronic Acid Filler Dr. Francisco De Melo, U.A.E
5:00 PM - 5:20 PM	(L 13)	Topical Growth Factors and Stem Cells - Their Role in Cosmeceuticals Dr. Ahmed Qahtani, U.A.E
5:20 PM - 5:40 PM	(L 14)	The Pixel Q Switched laser: A Unique Modality for Non-Invasive Dr. Maria Khattar, U.A.E
5:40 PM - 6:00 PM	(L 15)	Clinical Applications of Polycaprolactone Dermal Filler Dr Francisco De Melo, U.A.E
6:00 PM - 6:20 PM	(L 16)	SweatX - A Revolutionary Solution for Hyperhidrosis Dr. Maria Khattar, U.A.E
<b>6:20 PM - 6:30 PM</b>	<b>Panel Discussion</b>	
<b>6:30 PM - 6:40 PM</b>	<b>Coffee Break</b>	
Session 4: Pigmentation and Skin Chairpersons: Dr. Ibrahim Al-Aradi, Kuwait, Dr. Hamad Al-Abdulrazzaq, Kuwait and Dr. Ali Al Raddadi, KSA		
6:40 PM - 7:00 PM	(L 17)	Choosing the appropriate lasers and light devices for Pigmentary skin disorders Prof. C.L. Goh, Singapore
7:00 PM - 7:20 PM	(L 18)	Lasers for Tattoos Prof. Nouri Keyvan , USA
7:20 PM - 7:40 PM	(L 19)	Combined laser therapy for removal of multicolor tattoos and pigmented lesions Dr. Nicola Zerbinatti, Italy
7:40 PM - 8:00 PM	(L 20)	Facial vascular lesions removal with Pulse Dye Laser Dr. Pablo Naranjo, Spain
<b>8:00 PM - 8:10 PM</b>	<b>Panel Discussion</b>	
<b>8:10 PM - 8:20 PM</b>	<b>Coffee Break</b>	
Session 5: Update in dermatology Chairpersons: Dr. Huda Al-Saffar, Kuwait, Dr. Adel Al-Abdulrazzaq, Kuwait and Dr. Yaser Hassan Al-Sheikh, KSA		
8:20 PM - 8:40 PM	(L 21)	Combined Restorative Approach to the Face Dr. Hema Sundaram, U.S.A
8:40 PM - 9:00 PM	(L 22)	The potentials of the Mixing Technology applied to the Alexandrite 755 and the Nd:YAG 1064 nm lasers Dr. Nicola Zerbinatti, Italy
9:00 PM - 9:20 PM	(L 23)	What's new in laser therapy Dr. Ahmed Al-Eisa, KSA
9:20 PM - 9:40 PM	(L 24)	Botulinum toxin Injection , Update 2014 Dr. Abdullah Al-Eisa, KSA
<b>9:40 PM - 10:00 PM</b>	<b>Panel Discussion</b>	
<b>10:00 PM</b>	<b>Dinner at Al Baraka hall</b>	

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Day 3: Wednesday, April 30<sup>th</sup>, 2014

<b>Registration</b> (8:00 AM - 8:00 PM)		
<b>MORNING SESSION</b> (9:00 AM - 12.00 Noon)		
Patient Consultations in Dermatology Outpatient Departments at Farwaniya Hospital, Mubarak Hospital and Al-Jahra Hospital		
<b>Course IV Vitiligo</b> 10:00 AM - 12:30 Noon Al AFarah hall A Dr. Abdullah Al-Eisa, KSA; Dr. Ahmed Alissa, KSA; Dr. Sanjeev Mulekar, KSA, and Dr. Davinder Parsad, India	<b>Course V</b> (10:00 PM – 12.30 PM) Al AFarah hall B Hair course, interactive discussion & case presentation Dr. Abdullah Alkhalifah	
<b>1:00 PM - 2:00 PM</b>	<b>Lunch</b>	
<b>Workshop VIII</b> (2:00 PM – 4:30 PM) Al AFarah hall A Invisible facelift Dr. Dra Russo , Spain	<b>Workshop IX</b> (2:00 PM – 4:30PM) Al AFarah hall B Introducing true fat burner technology Dr. Donna Freeman, U.K.	<b>Workshop X</b> (2:00 PM – 4:30PM) Al AFarah hall C Dermal filler for facial enhancement – advanced techniques and tips Dr. Luc Dewandre, U.S.A.
<b>Workshop XI Uses of PRP in dermatology</b> (04:30 PM – 07.00 PM) Al AFarah hall A Prof. Angelos Kanakopoulos , Greece and Dr. Sabreyah Saleh, Kuwait		
<b>EVENING SESSION</b>		
<b>Session 6: Hair , nails and scar Disorders: What's new?</b> Chairpersons: Dr. Ghanima Al-Omar, Kuwait, Dr. Reham Abdulwahab, Kuwait and Dr. Mohamed Fatani, KSA		
4:00PM – 4:20 PM	(L 25)	Lasers for Scars Prof. Nouri Keyvan , USA
4:20 PM – 4:40 PM	(L 26)	Full face approach for an injectable liquid lifting Prof. Gerhard Sattler, Germany
4:40 PM - 5:00 PM	(L 27)	Recent updates in Aesthetic mesotherapy 2014. Indications , techniques and advanced combinations Dr. Luc Dewandre, U.S.A.
5:00 PM - 5:20 PM	(L 28)	Does PRP grow hair? Dr. Abdullah Alkhalifah K.S.A.
5:20 PM - 5:40 PM	(L 29)	Laser Assisted Hair Removal - What is known and What's new? Dr. Sahar Ghannam, Kuwait
5:40 PM - 6:00 PM	(L 30)	Update in Skin Substitutes Dr. Sabreen Al-Zamel, Kuwait
<b>6:00 PM - 6:10 PM</b>	<b>Panel Discussion</b>	
<b>6:10 PM - 6:20 PM</b>	<b>Coffee Break</b>	
<b>Session 7: : Advances in the Treatment of Skin diseases</b> Chairpersons: Dr. Fahad Al-Mutawa, Kuwait Dr. Eman Al-Haqan , Kuwait and Dr. Khaled Bahamdan, KSA		
6:20 PM - 6:40 PM	(L 31)	Advance in systemic management of melanoma Dr. Ashraf Badawi, Egypt
6:40 PM - 7:00 PM	(L 32)	Update on the management of Acne Scars. Prof. C.L. Goh, Singapore
7:00 PM - 7:20 PM	(L 33)	Role of lasers and light devices in the treatment of acne vulgaris Prof. C.L. Goh, Singapore
7:20 PM - 7:40 PM	(L 34)	Topical versus Systemic therapy for Vitiligo Dr. Davinder Parsad, India
7:40 PM - 8:00 PM	(L 35)	Treatment of the middle and lower face with new bidirectional resorbable suspension sutures Dr. Dra Russo, Spain
<b>8:00 PM - 8:10 PM</b>	<b>Panel Discussion</b>	
<b>8:10 PM - 8:20 PM</b>	<b>Coffee Break</b>	
<b>Session 8: New Vision: In dermatology</b> Chairpersons: Dr. Nabeel Najem, Kuwait , Dr. Marium Al-Shammari, Kuwait and Dr. Humoud Al-Sabah, Kuwait		
8:20 PM - 8:40 PM	(L 36)	Biologic therapy for Chronic Idiopathic Urticaria Prof. Dalia Shaaban, Egypt
8:40 PM - 9:00 PM	(L 37)	Filler Complications , Update Dr. Sabreen Al-Zamel, Kuwait
9:00 PM - 9:20 PM	(L 38)	Biologic therapy for Psoriasis: New Concept Dr. Tarek Abd Allah, Kuwait
<b>9:20 PM - 9:30 PM</b>	<b>Panel Discussion</b>	
<b>9:30 PM - 10:00 PM</b>	<b>Closing Ceremony</b>	
<b>10:00 PM</b>	<b>Dinner at Al Baraka hall</b>	